



THE FIFTH SUNDAY AFTER THE EPIPHANY:

February 8, 2026

The Holy Eucharist: Rite Two

10:30 AM

WELCOME to Trinity Episcopal Church. Whether you are visiting, new to the area, new to the Episcopal Church, or a longtime member, please know we are glad you are here. All are warmly invited to be in touch with the Rector, The Rev. Elizabeth F. Keeler (rector@trinwash.org) who would love to hear from you.

THE ENTRANCE RITE

*The service follows the order for Holy Eucharist, which begins on page 355 in The Book of Common Prayer (BCP).
Our music is from The Hymnal 1982 (H, blue book); Lift Every Voice and Sing II (LEVAS, black & red book); and
Wonder, Love, and Praise (WLP, green book).*

PRELUDE: *Chorale Prelude on The Church of Christ in Every Age*

Paul D. Weber

H 372: *Praise to the Living God!*

Leoni

THE OPENING ACCLAMATION

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

THE COLLECT FOR PURITY

ALmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE GLORIA

H 421: *All Glory Be to God on High*

Allein Gott in der Höh

THE SALUTATION AND COLLECT OF THE DAY

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray

SET us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE LITURGY OF THE WORD

All sit for

THE FIRST LESSON: Isaiah 58:1-12

SHOUT out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. “Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Lector The Word of the Lord.
People **Thanks be to God.**

PSALM 112:1-10 *Beatus vir*

Hallelujah!

Happy are they who fear the Lord*
and have great delight in his commandments!

Their descendants will be mighty in the land;*
the generation of the upright will be blessed.

Wealth and riches will be in their house,*
and their righteousness will last for ever.

Light shines in the darkness for the upright;*
the righteous are merciful and full of compassion.

It is good for them to be generous in lending*
and to manage their affairs with justice.

For they will never be shaken;*
the righteous will be kept in everlasting remembrance.

They will not be afraid of any evil rumors;*
their heart is right;
they put their trust in the Lord.

Their heart is established and will not shrink,*
until they see their desire upon their enemies.

They have given freely to the poor,*
and their righteousness stands fast for ever;
they will hold up their head with honor.

The wicked will see it and be angry;
they will gnash their teeth and pine away;*
the desires of the wicked will perish.

THE SECOND LESSON: 1 CORINTHIANS 2:1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,
nor the human heart conceived,
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Lector The Word of the Lord.

People **Thanks be to God.**

All stand and join in singing the hymn. Stanzas 1-4 precede the reading of the Holy Gospel; stanza 5 follows

WLP 779: *The Church of Christ (vss 1-4)*

Dunedin

THE HOLY GOSPEL: Matthew 5:13-20

Celebrant The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

People **Glory to you, Lord Christ.**

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. “You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

WLP 779: *The Church of Christ (vs 5)*

Dunedin

THE HOMILY

The Rev. Stuart Schadt

After the homily, the People stand

THE NICENE CREED

BCP pg. 358

People and Celebrant

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE - FORM III

BCP pg. 387

The People pray responsively, either kneeling, sitting, or remaining standing

In the Anglican Cycle of Prayer, we pray for Hong Kong Sheng Kung Hui. In the Diocesan Cycle of Prayer, we pray for St. John the Baptist, Ivy and St. Mary's, Arlington.

Father, we pray for your holy Catholic Church;

That we all may be one.

We pray for all outreach ministries in which our church and her people are involved; the Food Pantry and Backpack Program, fire and rescue volunteers, the Benevolent Fund, Headwaters, Family Futures, the Child Care & Learning Center (CCLC), the Senior Center, Rappahannock County Schools, our Haitian Trade School, the King's Children's Home, and all other outreach activities in which our county, church, and parishioners are involved.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We hold in prayer our partner parish: St. Marc's Church, Trouin "Twenh" (Haiti); and we pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We remember all those serving in the military and their families, especially Will Eastham, Jackson Tennant, Joe Stacey, Michelle Stacey, Josh Johnson, Andrew Butler, Emma & Oren Abusch, Vincent Hagen, and Christopher Foran.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

We remember all people affected by war and violence in our country and around the world, especially the people of Minnesota, Ukraine, Russia, Haiti, the Sudan, and the entire Middle East. We also hold in prayer all who suffer from natural disasters in our country and around the world.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest, remembering especially Jelks Henry Cabaniss III.

Let light perpetual shine upon them.

We give thanks for the birthdays this week of Frank Moffett, Fulmer "Beef" Burks, Beth Gall, Jose Escobar, Helen DuBois, Lisa Hancock, Jackie Bruce, and Carolyn Thornton.

And we praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

We remember these members of our parish: Renee Ellis, Noel & Charlotte Laing, Vicky Eastham, Debra Sharp, Lisa Hancock, Fran Krebsler, and Monte Ruder; and also these parish friends and relatives: Henry Butler, Chip Wood, Barbara Adolphi, Robert Halleck, Joan Ewing, and Sofia Ayers. Let us pray for our own needs and those of others.

The Celebrant adds a concluding Collect.

THE CONFESSION AND ABSOLUTION

Celebrant

Let us confess our sins against God and our neighbor.

Celebrant and People

MOST merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant continues

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Please greet one another in the name of the Lord.

GREETINGS AND ANNOUNCEMENTS

THE LITURGY OF THE EUCHARIST

*The Celebrant begins the Offertory with a sentence of Scripture.
As the alms are collected and the altar is prepared, the choisters sing.*

THE OFFERTORY

ANTHEM: *O Sing Joyfully*

Adrian Batten

O sing joyfully unto God our strength: make a cheerful noise unto the God of Jacob.
Take the song, bring hither the tabret, the merry harp with the lute.
Blow up the trumpet in the new moon even in the time appointed,
And upon our solemn feast day. for this was made a statute for Israel
and a law of the God of Jacob.

All stand and join in singing

THE DOXOLOGY

H 380: *Praise God, from Whom All Blessings Flow (vs3)*

Old 100th

THE GREAT THANKSGIVING

EUCCHARISTIC PRAYER 2

Enriching Our Worship

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

WE praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

SANCTUS: S 129: *Holy, Holy, Holy*

Powell

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The people may stand, kneel or be seated.

The Celebrant continues

GLORY and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

THE LORD'S PRAYER

BCP pg. 364

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

OUR Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

THE COMMUNION

All are welcome at God's table. Those who are Baptized in any tradition are invited to receive the bread and wine.

If you would rather receive a Blessing, kindly cross your hands over your chest.

Please indicate to the Priest if you would like gluten free Communion.

H 318: *Here, O My Lord*

Nyack

H 593: *Lord, Make us Servants of Your Peace*

Dickinson College

LEVAS 160: *This Little Light of Mine*

Spiritual

The people may stand, kneel or be seated.

Celebrant and People

ETERNAL God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

WLP 782: *Gracious Spirit**Abbot's Leigh*

THE DISMISSAL

Celebrant Let us go forth in the name of Christ. Alleluia!
People **Thanks be to God. Alleluia!**

POSTLUDE: *Organ Chorale on Abbot's Leigh*

Wilbur Held

Thank you for worshiping with us at Trinity Episcopal Church.

ASSISTING OUR SUNDAY WORSHIP AND FELLOWSHIP

The Rev. Stuart Schadt; *Celebrant*Tim Grimes & Emily Morgan; *Ushers*Jason Williams; *Acolyte*Ryan Crabbe; *Lay Eucharistic Minister*Mark McCloud; *Lector and Litanist*Cole Johnson; *Coffee Host*Loraine Channing and Anne Kerr; *Sunday School Teachers*Katie Massie; *Flower Guild*Susan Runge, David Pennington, Kathi Dutilh, Kimmie Langlands, Iby Banderan; *Altar Guild*The Rt. Rev. E. Mark Stevenson; *Bishop Diocesan*The Rt. Rev. Gayle E. Harris & The Rt. Rev. Mark Bourlakas; *Assistant Bishops*The Rev. Elizabeth F. Keeler, *Rector*Victoria Laing; *Parish Administrator*Roger L. Long; *Organist & Choirmaster*Lorraine Duisit; *Musician*James Menefee; *Sexton*Terry Herrell; *Hospitality Custodian*Jeremy Conway; *Communications*Katrina Moore; *Bulletins*

Vestry Members: Fred Catlin, *Senior Warden*; Derek Capizzi, *Junior Warden*; Dana Adamson, Rob Bannister,
 Travis Brown, Kelly Estes, Kathryn Everett, Kim Sadowski, Peter Sewell

Vestry Officers: Peter Sewell, *Treasurer*; Cady Soukup, *Register*

PARISH ANNOUNCEMENTS

Preserving our Past, Ensuring our Future – Updates and Opportunities

The Church is beginning a deeper conversation about our buildings and our future. To ensure this process is open and collaborative, we have formed the Parish Engagement Committee (PEC). This isn't about a pre-made plan; it's about working together to address two goals: repairing our existing structures and imagining how our new properties can become a unified "campus".

We want your voice in this process. Please join us for a property tour to see the challenges and opportunities firsthand.

Upcoming Tours (Limited to 10 people per tour):

- **February 8:** 11:45 am & 3:45 pm
- **February 15:** Tour at 9:00 am and video viewing in the Parish Hall at 9:00 am and 11:45 am

AN INVITATION TO A HOLY LENT

Please take time to read, mark and participate in all that Trinity has to offer as we faithfully journey together through Lent and towards Easter.

Sunday Forums in Lent: February 22, March 1, 8, 15, 22 at 9:30 am

Led by the Rev. Jim Huges, these five forums take us on a deep dive into Mark's narrative of the last weeks of Jesus's earthly life. Focusing specifically on chapter's 11-16 in the Gospel of Mark, we will explore what this earliest Gospel account can mean for us as disciples even thousands of year later.

Lent Book Study: Mondays at 6:00 pm and Wednesdays at 9:30 am

Being Christian by Rowan Williams: "A classic for individual seekers and groups, speaking to those inside the church and outside, the former Archbishop entices us all to go deeper by reviewing the basics. In this clear, accessible work we get Williams at his best – worldly-wise, pastorally gentle and grounded deeply in tradition."

Copies of this short book (100 pages) are available, just call Victoria to reserve a copy. Please note this 5-week study is offered at two times. Come whenever is best for you!

- Week One: Monday, 2/23 at 6:00 pm or Wednesday, 2/25 at 9:30 am (Introduction)
- Week Two: Monday, 3/2 at 6:00 pm or Wednesday, 3/4 at 9:30 am (Chap.1)
- Week Three: Monday, 3/9 at 6:00 pm or Wednesday, 3/11 at 9:30 am (Chap. 2)
- Week Four: Monday, 3/16 at 6:00 pm or Wednesday, 3/18 at 9:30 am (Chap. 3)
- Week Five: Monday, 3/23 at 6:00 pm or Wednesday, 3/25 at 9:30 am (Chap. 4)

Ecumenical Lenten Dinner Series: Wednesday's 6:00 pm, February 25, March 4, 11, 18, 25

The Washington Baptist Church is kindly hosting this year's series. Potluck supper begins at 6:00 pm followed by worship at 7:00 in the sanctuary. The theme for this year's beloved faith community tradition is "The Lord's Prayer" - all are welcomed!

Contemplative Prayer: Wednesday's 11:00 am, February 25, March 4, 11, 18, 25

During Lent, Trinity will continue to offer dedicated silent contemplative prayer. All are welcomed for this important mid-week reflection time which can be particularly meaningful in the Season of Lent.

Lent Madness: Fun for all!

Lent Madness is a saintly competition that our entire congregation enjoys together. It's fun, and meaningful because it involves learning about the faithful lives of Christians in every generation. Visit the Lent Madness website to sign up for a daily e-mail about the day's saint and vote for your favorite: <https://www.lentmadness.org>. Trinity will post a "Saint's Bracket" in the parish hall. You can also follow along on Facebook.

Trinity's Sanctuary: A perfect place for quiet and reflection during Lent

Throughout Lent there will be a table in the back of the church with resources (books, scripture, prayers, poetry, articles) for reflection and prayer. Do take some time for yourself and God during Lent in the stillness and calm our beautiful sanctuary space offers.

Reconciliation of a Penitent or the Sacramental Rite of Confession

The sacrament of Reconciliation (or Confession) is especially appropriate during the season of Lent. To learn more about this, or to make your confession, please contact Elizabeth.

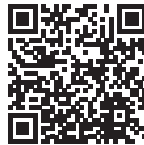
February Food Pantry Collection: Deodorant (male and female)

Please donate these items for our Mission & Outreach partner friends at the Food Pantry – just add them to your grocery list and place them in the red wagon in the narthex!

TRINITY'S WEEKLY CALENDAR

Mon, Feb. 9	8:30 AM	Walk-Around-Town group, Trinity House
	10:00 AM	Yoga, Parish Hall
Wed, Feb. 11	9:30 AM	Bible Study, Parish Hall
	11:00 AM	Contemplative Prayer, Sanctuary
Thurs, Feb. 12	9:00 AM	Cemetery Committee
	10:00 AM	Yoga, Parish Hall
	8:30 PM	AA Meeting, Parish Hall
Fri, Feb. 13	8:30 AM	Walk-Around-Town group, Trinity House
Sat, Feb. 14	9:30 AM	Choir Practice, Choir Room
Sun, Feb. 15	8:00 AM	Rite I HE
	9:00 AM	Breakfast, Parish Hall
	10:30 AM	Rite II HE
	11:45 AM	Bell Choir Rehearsal, Choir Room
	5:00 PM	Holy Eucharist with Healing Prayers

*We are grateful for your commitment to
Trinity Episcopal Church*



*Please scan the PayPal QR Code to
donate today.*



379 Gay Street; Mailing Address: P.O. Box 299, Washington, VA 22747
540-675-3716 | contactus@trinwash.org | www.trinwash.org