



# THE NINETEENTH SUNDAY AFTER PENTECOST

September 29, 2024  
The Holy Eucharist: Rite Two  
10:30am

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**W**ELCOME to Trinity Episcopal Church. Whether you are visiting, new to the area, new to the Episcopal Church, or a longtime member, please know we are glad you are here. All are warmly invited to be in touch with the Rector, The Rev. Elizabeth F. Keeler ([rector@trinwash.org](mailto:rector@trinwash.org)) who would love to hear from you.

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## THE ENTRANCE RITE

*The service follows the order for Holy Eucharist, which begins on page 355 in The Book of Common Prayer (BCP). Our music is from The Hymnal 1982 (H, blue book); Lift Every Voice and Sing II (LEVAS, black & red book); and Wonder, Love, and Praise (WLP, green book)*

PRELUDE: *Chorale Prelude on O Food to Pilgrims Given*

Johannes Brahms

H 546: *Awake, My Soul, Stretch Every Nerve*

Siroë

## THE OPENING ACCLAMATION

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.  
*People* **And blessed be his kingdom, now and for ever. Amen.**

## THE COLLECT FOR PURITY

**A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## THE GLORIA

S 202: *Glory be to God*

Healey Willan

## THE SALUTATION AND COLLECT OF THE DAY

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray

**O** God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE LITURGY OF THE WORD

### THE FIRST LESSON: Numbers 11:4-6,10-16,24-29

**T**HE rabble among them had a strong craving; and the Israelites also wept again, and said, "If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing

at all but this manna to look at.” Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the Lord became very angry, and Moses was displeased. So Moses said to the Lord, “Why have you treated your servant so badly? Why have I not found favor in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, ‘Carry them in your bosom, as a nurse carries a sucking child,’ to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, ‘Give us meat to eat!’ I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once—if I have found favor in your sight—and do not let me see my misery.” So the Lord said to Moses, “Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you.” So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again. Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, “Eldad and Medad are prophesying in the camp.” And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, “My lord Moses, stop them!” But Moses said to him, “Are you jealous for my sake? Would that all the Lord’s people were prophets, and that the Lord would put his spirit on them!”

*Lector* The Word of the Lord.

*People* **Thanks be to God**

PSALM 19:7-14      *Caeli enarrant*

The law of the LORD is perfect and revives the soul; \*  
**the testimony of the LORD is sure and gives wisdom to the innocent.**

The statutes of the LORD are just and rejoice the heart; \*  
**the commandment of the LORD is clear and gives light to the eyes.**

The fear of the LORD is clean and endures for ever; \*  
**the judgments of the LORD are true and righteous altogether.**

More to be desired are they than gold, more than much fine gold, \*  
**sweeter far than honey, than honey in the comb.**

By them also is your servant enlightened, \*  
**and in keeping them there is great reward.**

Who can tell how often he offends? \*  
**cleanse me from my secret faults.**

Above all, keep your servant from presumptuous sins; let them not get dominion over me; \*  
**then shall I be whole and sound, and innocent of a great offense.**

Let the words of my mouth and the meditation of my heart be acceptable in your sight, \*  
**O LORD, my strength and my redeemer.**

THE SECOND LESSON: James 5:13-20

**A**RE any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

*Lector* The Word of the Lord.

*People* **Thanks be to God**

*All stand and join in singing the hymn. Stanzas 1-3 precede the reading of the Holy Gospel; stanza 4 follows*

H 552: *Fight the Good Fight (vss 1-3)*

*Pentecost*

THE HOLY GOSPEL: Mark 9:38-50

*Celebrant* The Holy Gospel of Our Lord Jesus Christ according to Saint Mark.

*People* **Glory to you, Lord Christ.**

**J**OHAN said to Jesus, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward. "If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched. "For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another."

*Celebrant* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

H 552: *Fight the Good Fight (vs 4)*

*Pentecost*

THE HOMILY

The Reverend Neal Goldsborough

*After the homily, the People stand*

**W**E believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE – Form V

In peace, let us pray to the Lord, saying, “Lord, have mercy”

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming. In the Anglican Cycle of Prayer, we pray for the Church of Pakistan. In the Diocesan Cycle of Prayer, we pray for St. Luke’s, Simeon, Charlottesville; The Falls Church, Falls Church; and Trinity, Fredericksburg; we pray to you, O Lord.

**Lord, have mercy.**

For our Bishop, for all bishops and other ministers, and for all the holy people of God; for our partner parish: St. Marc’s Church, Trouin “Twenh” (Haiti), we pray to you, O Lord.

**Lord, have mercy.**

For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, for all outreach ministries in which our church and her people are involved; remembering the Food Pantry and Backpack Program, fire and rescue volunteers, the Benevolent Fund, Headwaters and Starfish Mentoring, Family Futures, the Child Care & Learning Center (CCLC), the Senior Center, Rappahannock County Schools, our Haitian Trade School, the Kings Children’s Home, and all other outreach activities in which our county, church, and parishioners are involved, we pray to you, O Lord.

**Lord, have mercy.**

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, for all those serving in the military and their families, especially Will Eastham, Jackson Tennant, Joe Stacey, Michelle Stacey, Josh Johnson, Andrew Butler, Emma & Oren Abusch, and Vincent Hagen; we pray to you, O Lord.

**Lord, have mercy.**

For those in positions of public trust that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

**Lord, have mercy.**

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, for the people of Haiti, The Sudan, Israel, Palestine, and the whole Middle East, as well as Ukraine, Russia, and all who suffer from war, forms of violence and natural disasters in our country and around the world, we pray to you, O Lord.

**Lord, have mercy.**

For all who have commended themselves to our prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, for these members of our parish: Judy Podlesney, Victoria Laing, Renee Ellis, Noel & Charlotte Laing, Cady Soukup; and also these parish friends and relatives: Darlene Moore, Merrill Strange, Ted Pellagatta, Mike Ranftle, Henry Butler, Daniel Landrum, Wim Dutilh, Alice Pomeroy Biby, and Anne Fulton, we pray to you, O Lord.

**Lord, have mercy.**

For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

**Lord, have mercy.**

We give thanks for the birthdays this week of Barbara Wall, Ron Paras, Bill Walton, Isabel Burks, and Mike Massie. We also give thanks for the wedding anniversaries of Spots & Cindy Williams, and David Pennington & Seth Turner. Rejoicing in the fellowship of all the saints, let us commend ourselves, and one another, and all our life to Christ our God.

**To you, O Lord our God.**

*The Celebrant adds a concluding Collect*

#### CONFESSION AND ABSOLUTION

Let us confess our sins against God and our neighbor.

*Celebrant and People*

**M**OST merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Celebrant continues*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

*Celebrant*      The peace of the Lord be always with you.  
*People*          **And also with you.**  
                         *Please greet one another in the name of the Lord.*

GREETINGS AND ANNOUNCEMENTS

THE LITURGY OF THE EUCHARIST

*The Celebrant begins the Offertory with a sentence of Scripture.  
As the alms are collected and the altar is prepared, the choristers sing.*

THE OFFERTORY: *Seek Ye First*

*Claudio Casciolini*

Seek ye first the kingdom of God, and his righteousness;  
and all these things shall be added unto you.

THE DOXOLOGY

H 380 V3: *Praise God, from Whom all Blessings Flow* *Old 100<sup>th</sup>*

THE GREAT THANKSGIVING    EUCHARISTIC PRAYER C

BCP pg. 369

*Celebrant*      The Lord be with you.  
*People*          **And also with you.**  
*Celebrant*      Lift up your hearts.  
*People*          **We lift them to the Lord.**  
*Celebrant*      Let us give thanks to the Lord our God.  
*People*          **It is right to give him thanks and praise.**

**G**OD of all power, Ruler of the Universe, you are worthy of glory and praise.  
**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS: S114: *Holy, Holy, Holy*

*Healey Willan*

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.  
Hosanna in the highest. Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The people may stand, kneel or be seated. The Celebrant continues*

**A**ND so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,  
as we await the day of his coming.**

*The Celebrant continues*

Lord God of our Fathers and Mothers; God of Abraham, Isaac, and Jacob; Sarah, Rebekah, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.  
**AMEN.**

THE LORD'S PRAYER

BCP pg. 364

And now, as our Savior Christ has taught us, we are bold to say,

**O**UR Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

*Celebrant* Alleluia. Christ our Passover is sacrificed for us;  
*People* **Therefore let us keep the feast. Alleluia.**

THE COMMUNION

*All are welcome at God's table. Those who are Baptized in any tradition are invited to receive the bread and wine. If you would rather receive a Blessing, kindly cross your hands over your chest. Please indicate to the Priest if you would like gluten free Communion.*

H 309: *O Food to Pilgrims Given*

*O Welt, ich muss dich lassen*

H 652: *Dear Lord and Father of Mankind*

*Rest*

LEVAS 178: *Sweet Hour of Prayer*

*Bradbury*

*The people may stand, kneel or be seated. The Celebrant continues*

THE POST COMMUNION PRAYER

BCP pg. 365

**E**TERNAL God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

H 344: *Lord, Dismiss Us with Thy Blessing*

*Sicilian Mariners*

THE DISMISSAL

*Celebrant* Let us go forth in the name of Christ. Alleluia, alleluia!  
*People* **Thanks be to God. Alleluia, alleluia!**

POSTLUDE: *Organ Chorale on Sicilian Mariners*

Harvey Hahn

*Thank you for worshiping with us at Trinity Episcopal Church.  
All are warmly invited to coffee and fellowship in the parish hall immediately following the service.*



## ASSISTING WITH WORSHIP AND FELLOWSHIP

Harold Beebout, Carolyn Emerick; *Ushers*

Seth Turner; *Lector & Litanist*

Kay Wilson; *Lay Eucharistic Minister*

Kay Wilson, Fran Krebsler, Pat Giles, Karen Ingraham; *Altar Guild*

Kathi Dutilh; *Coffee Host*

Caroline Church Parrish; *Altar Flowers*

The Rt. Rev. E. Mark Stevenson; *Bishop Diocesan*; The Rt. Rev. Gayle E. Harris; *Assistant Bishop*

The Rev. Elizabeth F. Keeler; *Rector*

The Rev. Charles "Neal" Goldsborough, *Guest Clergy*

Roger L. Long; *Organist & Choirmaster*; Lorraine Duisit; *Musician*

Juliet Del Grosso; *Parish Administrator*

James Menefee; *Sexton*; Terry Herrell; *Hospitality Custodian*

Vestry Members: Fred Catlin, *Senior Warden*; Derek Capizzi, *Junior Warden*; Rob Bannister, Michael Del Grosso, Kelly Estes, Kathryn Everett, Rod Grandon, Diane Paras, and Kim Sadowski  
Vestry Officers: Michael Del Grosso, *Treasurer*; Cady Soukup, *Register*

### SAVE THE DATES:

#### October

6<sup>th</sup> - Blessing of the Animals

31<sup>st</sup> - Halloween Celebration

#### November

3<sup>rd</sup> - All Saints Sunday

28<sup>th</sup> - Thanksgiving Day service

#### December

1<sup>st</sup> - Advent Wreath Making Forum

8<sup>th</sup> - Trinity Float in Town Parade

15<sup>th</sup> - Christmas Pageant

22<sup>nd</sup> - Lessons & Carols

## PARISH ANNOUNCEMENTS

Please Donate Halloween Candy: We are seeking donations for our community celebration on October 31st. Trinity (with Amo and Greg Merritt's help!) will be all dressed up with spooky decorations in the parish hall to welcome lots of children and families. Please drop candy off at either the parish office during the week or the church on Sunday. Thank you!

Church Photo Directory: Please stop by to have your picture taken on Sundays, now through October 13th. Kathryn Everett, Priscilla Goodwin, and Pat Giles will be set up in the corner of the parish hall to snap your photo! The photos will be compiled into a directory that will be available later in the Fall. While there, be sure to review your information in the current directory for any edits.

Small Group Dinners: Sign-ups have begun! Groups meet approx. 4-6 times throughout the church year at member's homes to enjoy hospitality and Christian fellowship. Sign-up today in the parish hall or contact the church office at 540-675-3716.

Adult Education Forums: Join us on Sunday mornings between services for "The Story of the Bible" brought to us on video series from *The Great Courses* by Professor Luke Timothy Johnson. Breakfast begins at 9:00am, followed by a 30-minute video presentation starting at 9:30am.

Weekly Bible Study: All are warmly invited to be a part of Trinity's weekly Wednesday Bible Study group which will be studying the Psalms. No prior Bible Study experience is necessary and a simple study guide will be available to all for a nominal fee of \$5.00. Come explore these ancient hymns and prayers that form the backbone of our common prayer!

Children's Sunday School: Meets each Sunday morning at 10:25am in the undercroft (except the first Sunday's of the month). We're excited to begin a new program year of making new friends and learning new stories about God.

Christian Youth Group (CYG): Calling all 6<sup>th</sup>-12<sup>th</sup> graders. CYG provides a safe, faith-filled, supportive space for kids to be themselves and will meet on the 3<sup>rd</sup> Sundays of the month at 5:30pm in the parish hall (except December and April).

Food Pantry Collection: It's the month of **September** and this month we are collecting **toothbrushes and toothpaste** for our friends at the Food Pantry. Please look for the red wagon in the front narthex.

## TRINITY'S WEEKLY CALENDAR

- Mon, Sept. 30    8:30am Walk-Around-Town group, meets at Trinity House  
10:00am Yoga, Parish Hall
- Tue, Oct. 1        5:30pm EP & Vestry Meeting, Parish Hall
- Wed, Oct. 2        9:30am Bible Study, Chapman Room  
11:00am Contemplative Prayer, Sanctuary  
5:30pm Girl Scout Meeting, Parish Hall
- Thurs, Oct. 3      9:00am Pastoral Care Meeting, Parish Hall  
10:00am Yoga, Parish Hall  
1:30pm Ready or Not Group, Chapman Room  
8:30pm AA Meeting, Parish Hall
- Fri, Oct. 4        8:30am Walk-Around-Town group, Trinity House  
9:30am EfM Class, Parish Hall
- Sat, Oct. 5        9:30am Choir practice, Choir Room
- Sun, Oct. 6        *The Twentieth Sunday after Pentecost*  
8:00am Rite I HE  
9:00am Breakfast & Forum, Parish Hall  
10:30am Rite II HE - *Family First Sunday & Blessing of Stuffed Animal Loveys*  
11:45am Bell Choir Rehearsal, Choir Room  
4:00pm Blessing of the (Live) Animals, Trinity Lawn

*We are grateful for your commitment to  
Trinity Episcopal Church*



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to donate today*



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