



# THE TWELFTH SUNDAY AFTER PENTECOST

August 11, 2024

The Holy Eucharist: Rite Two

10:30am

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**W**ELCOME to Trinity Episcopal Church. Whether you are visiting, new to the area, new to the Episcopal Church, or a longtime member, please know we are glad you are here. All are warmly invited to be in touch with the Rector, The Rev. Elizabeth F. Keeler ([rector@trinwash.org](mailto:rector@trinwash.org)) who would love to hear from you.

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## THE ENTRANCE RITE

*The service follows the order for Holy Eucharist, which begins on page 355 in The Book of Common Prayer (BCP). Our music is from The Hymnal 1982 (H, blue book); Lift Every Voice and Sing II (LEVAS, black & red book); and Wonder, Love, and Praise (WLP, green book)*

PRELUDE: *Chorale Prelude on Es flog ein kleins Waldvögelein*

Steven Wenté

H 48: *O Day of Radiant Gladness*

*Es flog ein kleins Waldvögelein*

## THE OPENING ACCLAMATION

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.  
*People* **And blessed be his kingdom, now and for ever. Amen.**

## THE COLLECT FOR PURITY

**A**Lmighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## THE GLORIA

S 204: *Glory be to God*

*Old Scottish Chant*

## THE SALUTATION AND COLLECT OF THE DAY

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray

**G**RANT to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE LITURGY OF THE WORD

### THE FIRST LESSON: 1 Kings 19:4-8

**E**LIJAH went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked

on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

*Lector* The Word of the Lord.

*People* **Thanks be to God**

PSALM 34:1-8 *Benedicam Dominum*

I will bless the LORD at all times; \*

**his praise shall ever be in my mouth.**

I will glory in the LORD; \*

**let the humble hear and rejoice.**

Proclaim with me the greatness of the LORD; \*

**let us exalt his Name together.**

I sought the LORD, and he answered me \*

**and delivered me out of all my terror.**

Look upon him and be radiant, \*

**and let not your faces be ashamed.**

I called in my affliction and the LORD heard me \*

**and saved me from all my troubles.**

The angel of the LORD encompasses those who fear him, \*

**and he will deliver them.**

Taste and see that the LORD is good; \*

**happy are they who trust in him!**

THE SECOND LESSON: Ephesians 4:25-5:2

**P**UTTING away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

*Lector* The Word of the Lord.

*People* **Thanks be to God**

*All stand and join in singing the hymn. Stanzas 1-4 precede the reading of the Holy Gospel; stanzas 5&6 follow*

H 581: *Where Charity and Love Prevail (vss 1-4)*

Cheshire

THE HOLY GOSPEL: John 6:35, 41-51

*Celebrant*      The Holy Gospel of Our Lord Jesus Christ according to Saint John.  
*People*            **Glory to you, Lord Christ.**

**J**ESUS said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

*Celebrant*      The Gospel of the Lord.  
*People*            **Praise to you, Lord Christ.**

H 581: *Where Charity and Love Prevail (vss 5&6)*

*Cheshire*

THE HOMILY

The Reverend Elizabeth F. Keeler

*After the homily, the People stand*

THE NICENE CREED

BCP pg. 358

**W**E believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE – Form VI

BCP pg. 392

In peace, we pray to you, Lord God. *Silence*

For all people in their daily life and work; remembering these members of our parish: Judy Podlesney, Victoria Laing, Renee Ellis, and Noel & Charlotte Laing, Cady Soukup, Joe Stacey, and Kim Kiec; and also these parish friends and relatives: Darlene Moore, Merrill Strange, Gloria Riley, Ted

Pellagatta, William O'Reilly, Mike Ranftle, Henry Butler, Daniel Landrum, George Rutter, and Wim Dutilh. **For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world; remembering all those serving in the military and their families: especially Will Eastham, Jackson Tennant, Joe Stacey, Michelle Stacey, Josh Johnson, Andrew Butler, Emma & Oren Abusch, Vincent Hagen, Connor Leech, and Quincy Leech.

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation; remembering the people of Haiti, The Sudan, Israel, Palestine, and the whole Middle East, as well as Ukraine, Russia, and all who suffer from war, forms of violence and natural disasters in our country and around the world.

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble; we pray for all outreach ministries in which our church and her people are involved; remembering the Food Pantry and Backpack Program, fire and rescue volunteers, the Benevolent Fund, Headwaters and Starfish Mentoring, Family Futures, the Child Care & Learning Center (CCLC), the Senior Center, Rappahannock County Schools, our Haitian Trade School, and the Kings Children's Home; remembering especially Warrenton Woods Addiction Center patients.

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God; In the Anglican Cycle of Prayer, we pray for the Anglican Church of Korea. In the Diocesan Cycle of Prayer, we pray for Students, Faculty and Administrators at Diocesan Church Schools: Christchurch, St. Catherine's, St. Christopher's, St. Margaret's, St. Stephens's & St. Agnes, Stuart Hall. We also hold in prayer our partner parish: St. Marc's Church, Trouin "Twenh" (Haiti).

**For all who proclaim the Gospel, and all who seek the Truth.**

For Michael, our Presiding Bishop; Mark and Gayle, our Diocesan Bishops; and for all bishops and other ministers. **For all who serve God in his Church.**

Hear us, Lord; **For your mercy is great.**

We thank you God for all the blessings of this life; especially the birthdays this week of Robbie Morris, Rod Grandon, Rick Robinson, Sarah Cheatwood, Judy Segaar, Susan Laing, LaDrewe Parroff, and David Lewis; and we give thanks for the wedding anniversaries of Peter & Cathy Sewell, Juliet & Michael Del Grosso, and Elena & Mark Kazmier.

*Silence. The People may add their own thanksgivings*

We will exalt you, O God our King; **And praise your Name for ever and ever.**

We pray for all who have died; remembering especially Robert Lee Massie, Jr. that they may have a place in your eternal kingdom.

*Silence. The People may add their own petitions*

Lord, let your loving-kindness be upon them; **Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

*Celebrant and People*

**Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.**

*The Celebrant continues*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

*Please greet one another in the name of the Lord.*

GREETINGS AND ANNOUNCEMENTS

THE LITURGY OF THE EUCHARIST

*The Celebrant begins the Offertory with a sentence of Scripture.*

*As the alms are collected and the altar is prepared, all are invited to join in singing.*

THE OFFERTORY

WLP 761: *All Who Hunger Gather Gladly*

*Holy Manna*

THE DOXOLOGY

H 380 V3: *Praise God, from Whom all Blessings Flow*

*Old 100<sup>th</sup>*

THE GREAT THANKSGIVING EUCHARISTIC PRAYER B

BCP pg. 367

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is said.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS: S129: *Holy, Holy, Holy*

*Powell*

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.**

**Hosanna in the highest. Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

**W**E give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

#### THE LORD'S PRAYER

BCP pg. 364

And now, as our Savior Christ has taught us, we are bold to say,

**O**UR Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### THE BREAKING OF THE BREAD

*Celebrant* Alleluia. Christ our Passover is sacrificed for us;  
*People* **Therefore let us keep the feast. Alleluia.**

#### THE COMMUNION

*All are welcome at God's table. Those who are Baptized in any tradition are invited to receive the bread and wine. If you would rather receive a Blessing, kindly cross your hands over your chest. Please indicate to the Priest if you would like gluten free Communion.*

H 325: *Let Us Break Bread Together*

*Let Us Break Bread*

H 339: *Deck Thyself, My Soul, With Gladness*

*Schmücke dich*

H 341: *For the Bread Which You Have Broken*

*Omni Die*

*The people may stand, kneel or be seated. The Celebrant continues*

#### THE POST COMMUNION PRAYER

BCP pg. 836

**A**CCEPT, O Lord, our thanks and praise for all that you have done for us. We thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love. We thank you for the blessing of family and friends, and for the loving care which surrounds us on every side. We thank you for setting us at tasks which demand our best

efforts, and for leading us to accomplishments which satisfy and delight us. We thank you also for those disappointments and failures that lead us to acknowledge our dependence on you alone. Above all, we thank you for your Son Jesus Christ; for the truth of his Word and the example of his life; for his steadfast obedience, by which he overcame temptation; for his dying, through which he overcame death; and for his rising to life again, in which we are raised to the life of your kingdom. Grant us the gift of your Spirit, that we may know Christ and make him known; and through him, at all times and in all places, may give thanks to you in all things. Amen.

#### THE BLESSING

H 593: *Lord, Make Us Servants of Your Peace*

*Dickinson College*

#### THE DISMISSAL

*Celebrant* Let us go forth in the name of Christ. Alleluia, alleluia!  
*People* **Thanks be to God. Alleluia, alleluia!**

POSTLUDE: *Voluntary in D Major*

John Stanley

*Thank you for worshipping with us at Trinity Episcopal Church.  
All are warmly invited to coffee and fellowship in the parish hall immediately following the service.*

#### ASSISTING OUR SUNDAY WORSHIP AND FELLOWSHIP

Tom Shafran, Carolyn Emerick; *Ushers*

Jason Williams; *Acolyte*

Jorie Martin; *Lector & Litanist*

Fred Catlin; *Lay Eucharistic Minister*

Carolyn Emerick, Debbie Massie, Sarah Cheatwood, Loraine Channing, Penny Kardis; *Altar Guild*

Pat Giles; *Coffee Host*

Rosa Crocker; *Altar Flowers*

The Rt. Rev. E. Mark Stevenson; *Bishop Diocesan*

The Rt. Rev. Gayle E. Harris; *Assistant Bishop*

The Rev. Elizabeth F. Keeler; *Rector*

Roger L. Long; *Organist & Choirmaster*

Lorraine Duisit; *Musician*

Juliet Del Grosso; *Parish Administrator*

James Menefee; *Sexton*

Lilyan Jenkins; *Hospitality Coordinator*

Vestry Members: Fred Catlin, *Senior Warden*; Derek Capizzi, *Junior Warden*; Rob Bannister,

Michael Del Grosso, Kelly Estes, Kathryn Everett, Rod Grandon, Diane Paras, and Kim Sadowski

Vestry Officers: Michael Del Grosso, *Treasurer*; Cady Soukup, *Register*

#### PARISH ANNOUNCEMENTS

Sunday School Teacher's Training: Next Sunday, August 18<sup>th</sup> at noon in the parish hall. This session will prepare teachers for our new program year at Trinity. Teachers, please attend as you are able. We will discuss curriculum plans and the online Episcopal Church's *SAFE Church* training certification.

Movie Night: *The Philadelphia Eleven*: Next Sunday, August 18<sup>th</sup> at 4:00pm. Potluck dinner and discussion to follow in the parish hall. A group of women and their supporters organize their ordination to the

priesthood despite the odds, and lead a movement to transform a church that is one of our oldest institutions. This film tells their story.

Summer Parish Reading Book List: *People of the Book* by Geraldine Brooks; *Falling Upward* by Richard Rohr; *Gilead* by Marilynne Robinson; *The Road to Character* by David Brooks: The entire parish is invited to participate in some reading together this summer! Please take a look at the list and choose one - or all! We'll have conversations about these good-reads on Sunday mornings, August 25th and September 1st, between the services.

Food Pantry Collection: It's the month of **August** and this month we are collecting **soap, body wash, and lotion** for our friends at the Food Pantry. Please look for the red wagon in the front narthex.

Homecoming Sunday: Sept. 8<sup>th</sup>: We'll kick-off the new program year with a festive parish picnic following the 10:30 service. Church will provide fried chicken and drinks, please bring a side dish to share.

Mon, August 12 8:30am Walk-Around-Town group, meets at Trinity House  
10:00am Yoga, Parish Hall

Tue, August 13

Wed, August 14 9:30am Bible Study, Chapman Room  
11:00am Contemplative Prayer, Sanctuary

Thurs, August 15 10:00am Yoga, Parish Hall  
8:30pm AA Meeting, Parish Hall

Fri, August 16 8:30am Walk-Around-Town group, Trinity House

Sat, August 17

Sun, August 18 *The Thirteenth Sunday after Pentecost*  
8:00am Rite I HE  
10:30am Rite II HE  
Noon Sunday School Teachers Training, Parish Hall  
Noon Stewardship Meeting, Chapman Room  
4:00pm Movie: *Philadelphia 11* followed by potluck dinner, Parish Hall

*We are grateful for your commitment to  
Trinity Episcopal Church*



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