



Trinity Times



The Rambling Rector

Summer Worship Schedule

On June 4 our summer worship schedule will begin. This summer we will experiment with a schedule that will include two services of worship and an Adult Forum. During the course of the summer we will evaluate this schedule to determine if we wish to continue it in the fall.



The two services will be at 8:00 and 10:00. The 8:00 service will remain a quiet Rite One Holy Eucharist without music. The 10:00 service will be a Holy Eucharist Rite Two service with music that combines the musical traditions of both the 9:15 and 11:00 services. We will have traditional hymns and service music, but we plan to have livelier music for the anthems and other special music. Lorraine Duisit, Judy Segaar, and Danny Wilson will co-ordinate the music.

Breakfast will be served between the two services from 8:45-9:15. An Adult Forum will begin at 9:15 and conclude by 9:50. Susan Laing and the adult education committee is recruiting a group of outstanding teachers to lead discussions on this summer's theme of "Anglican Identity".

We will have ample time to discuss these changes but if you have questions don't hesitate to ask. Also, I look forward to receiving your input during the course of the summer.

Best,
Miller



Senior Warden Report

by Noel Laing



- New computers should be installed by the end of the month. They will have new software allowing us much more flexibility and printing capabilities.

Please Note These Dates:

- April 29: Trinity Church is headquarters for the Historic Garden Week when Rappahannock County homes will be open to the public. Much needed improvements we have made to our gardens include: adding stone pavers to the curbs along Gay Street and adding rich soil and mulching to the banks above; replanting the raised bed on the terrace; installing planted pots in the garth.
- May 5: group trip to National Cathedral Flower Mart. Rental van departs Trinity 8:30, returns about 4:00. If you are interested in joining the excursion, please contact Sharon Kilpatrick.
- May 9: Region 13 will meet at Trinity at 6:00 pm. We will plead our desire to remain in Region 13.
- May 21: final day for Sunday School
- June 4: Summer Schedule begins at Trinity. Please note the NEW schedule of services and activities:
 - 8:00 to 8:45 Holy Eucharist Rite One quiet service
 - 8:45 to 9:15 breakfast
 - 9:15 to 9:50 Adult Forum (covering American church history, history of our prayer book, and other interesting topics)
 - 10:00 to 11:00 Holy Eucharist Rite Two service with music.
- June 11: Congregational Meeting



Owen Monroe working hard to improve the grounds at Trinity

Pastoral Care Team

by Kay Maclellan Wilson

"LOVE THY NEIGHBOR" is perhaps God's greatest commandment to us.



If you would like to be more actively involved in Trinity's care of her parishioners, the Pastoral Care Team would be excited to have you join us, no matter how little or how much time you have to give, or which aspect of pastoral care that the team offers to others, would be a good match for you. We need help!

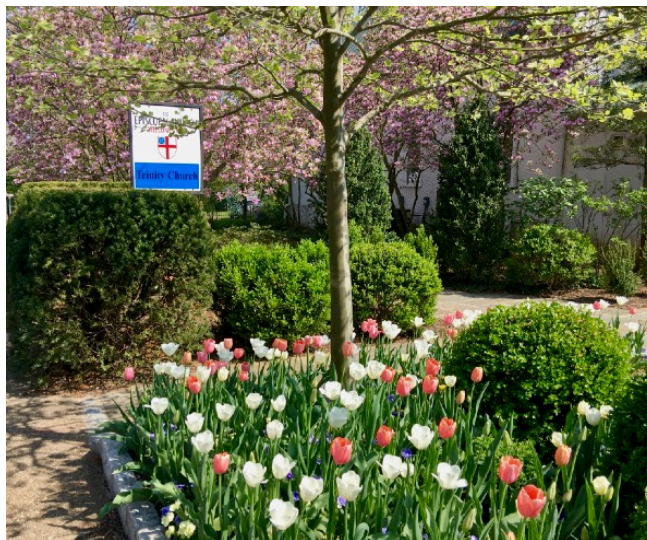
We also want everyone to be aware of offerings from the Pastoral Care Team, so that if you or a loved one are in need of something, please let us know.

To give, or to receive help, contact the church office, or: KayMWilson@gmail.com

CURRENT CARE OFFERED BY THE PASTORAL TEAM INCLUDES:

- VISITS TO the homebound, those in hospital, those in retirement/nursing homes. We make one visit each week, with team members rotating weeks through the month.
- ONCE WEEKLY RESPITE for carers, which might entail collecting a frail family member and taking them out for lunch and a jaunt. Team members rotate weeks each month.
- TRANSPORT TO CHURCH EVENTS : (example, Brotherhood, Lenten Dinners). We also want to ensure that no-one misses out on night events and services, due to driving difficulties.
- DELIVERY OF VOLUNTEER PREPARED HOT MEALS: this can be arranged for about one week on an emergency basis, after arrival home from hospital. We deliver the meals between 4pm and 5pm each evening, and have a short check-in visit.
- TRANSPORT TO MEDICAL APPOINTMENTS: e.g. After surgery. We need many more volunteers to provide this service.
- HOLY EUCHARIST AND PRAYERS at Hospital or in the Home. We have a team of trained Lay Eucharistic Ministers who can offer prayers and Holy Communion, if requested.
- GREETING CARDS : sent at Christmas and Easter to those on the prayer list, and also when someone first is added to the prayer list.
- HOME DELIVERY OF CHRISTMAS FLOWERS AND EASTER FLOWERS.

We are open to suggestions. We operate on a strictly confidential basis.



Friends & Family Prayer List

We have two prayer lists at Trinity: one for our parish family, and one for the relatives and friends beyond our parish family. During services on Sundays, we pray by name for those on our parish family prayer list, and then we note in our public prayers, the relatives and friends beyond the parish family included in the bulletin. The second list has become increasingly long, and after discussion, the Pastoral Care Team has determined that we need to review the list on a regular basis.

We need your help and assistance with this important work. Beginning on June 1 we will start afresh with the list of family and friends beyond our parish family who need our prayers. Please call the parish office with names of people who need our prayers, including also the names of anyone on the current list who need our continued prayers.

Names on the "relatives and friends beyond our parish family" will remain, as a general rule, on the prayer list for four weeks, and then removed. Naturally, if there is a need for long term prayer we will leave the name on the list for longer than four weeks.

So..please inform us of the prayer needs of your relatives and friends.



Meditation Corner

Excerpted from:

Theology for a Troubled Believer by Diogenes Allen

The self-limitations of Jesus exhibit the same kind of love as exhibited by his Father in the creation of the world. The Father, by his self-limitation, creates genuine realities that are not part of himself, and gives them the scope to operate according to their natures. So God respects the freedom bestowed on human beings not only to turn from him, but also in his efforts to redeem them. These features of God's love and actions as Father and Son exhibit another feature of the divine holiness. Not only does God's nature transcend all other realities, so that even in God's manifestations to Moses and Isaiah, for example, God remains "hidden" in God's inmost nature-but also in God's actions. God also voluntarily holds back a great deal of God's power. His Son incarnate respects our person, inviting and calling us to eternal life in the kingdom, rather than imposing his rule. No wonder God seems so elusive. Yet God is present to us all the time in sustaining all things and our very own existence, and God can be available to us by our sincerely responding to God's goodness in our creation, preservation, and redemption, a response that includes our community worship, personal prayers, and loving service of others.



Outreach

The Kings Children's Home, Eastern Cape, South Africa by Kay Maclellan Wilson



Last month, Trinity sent \$4900 to the Kings Children's Home in the Eastern Cape of South Africa.

Of the \$4900, \$1000 was given by Trinity's ECW (Episcopal Church Women), \$500 came from the Outreach Committee budget allocated by your vestry, and \$3,400 was donated by individuals from both within Trinity and from the Rappahannock community. With the very weakened South African Rand (ZAR), your USD donation will stretch a long way. Currently, \$64 will provide formula, diapers, clothing, medical supplies, and housing for one baby for a month.

The Kings Children's Home is a safe home for abandoned and abused babies. There are thousands of them in the area.



Newborn babies are discovered under bushes on the side of the road, in disused huts, or they are brought by social services after being severely abused and traumatized. Babies come from prostitutes, or very young teenagers, and many suffer nasty medical conditions. The Kings home lovingly nurtures and restores the babies physically, emotionally, and spiritually. The goal is to have each baby adopted by a permanent family before they grow too old to be desirable.

The Kings are excited to receive our latest help. They plan to spend the funds on completing the extension of their safe houses. This would specifically be to: put on a roof over the courtyard, install two rain water tanks for much needed water, and

finish and paint the interior of the container rooms. This will double their capacity of 24 to being able to care for 48 babies.

Last year the Kings purchased four additional ship containers which they have been converting and refurbishing by cutting out and putting in windows and doors etc. The four new containers are for a kitchen, schoolroom, laundry, and an additional dormitory for the babies.

As you can see from the photos, the four containers have been placed to form a rectangular courtyard. The courtyard is to provide an area for the babies and toddlers in inclement weather, to be used for play and dining. Currently, picnic tables outside are used.

"I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me...." Matthew 25: 35-36.

Thank you, Trinity and Rappahannock, for your generous help with the African Babies.



Ken and Kelly Estes
would like to extend an invitation to the Trinity Church family
to celebrate

Julia Katherine Estes' High School Graduation

Please join us on
Saturday May 27, 2017 at 4pm.
12743 Lee Highway; Washington VA

RSVP- (540)675-2225 or fourestes@cmbarqmail.com
No Gifts Please



Special May Happenings

Tue, May 9 5:00pm Region XIII Potluck Dinner Meeting, Parish Hall

Wed, May 10 11:00am Art Group, Parish Hall

Fri, May 12 6:00pm Girl Scout Bridging Ceremony, Parish Hall

Sun, May 14 Mother's Day

Sat, May 20, 11:00am Private Memorial Service, Parish Hall

Sun, May 21 Last day of Sunday School for the school year

Mon, May 29 Church Office Closed for Memorial Day

This year, Trinity Sunday and the Annual Congregational Meeting will be on June 11

Monday Night Adult Bible Study

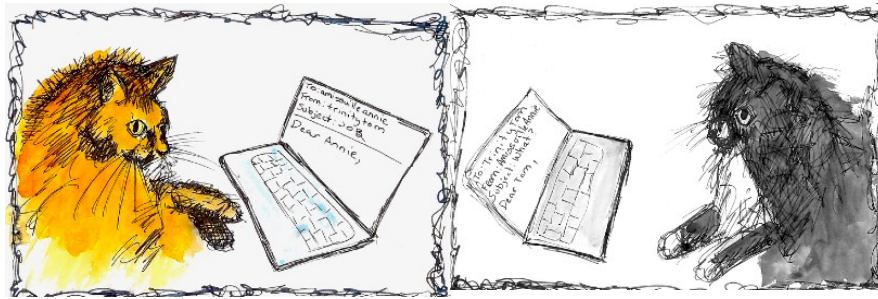
On the first Monday of every month, we watch a movie; loosely related to religion. Currently we are watching episodes from the t.v. mystery series on Cadfael, a Benedictine monk. The time period is early 12th century England. All are welcome. May 1st at 6:30 will be our next one.



Old Dominion Point to Point







Trinity Tom & Amissville Annie

Tom: Gee Annie, I have a couple of Fuzzy Middleton updates for you. Get a load of this photograph.



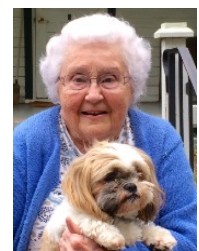
Annie: Did Fuzzy accost that woman to get her vote for his race for dogcatcher?

Tom: Yep, and I don't know how we can get him to stop doing stuff like this. It's downright embarrassing for the Town of Washington and for Trinity.

Tom: In other big news, Itty Bitty Snead and his mom are graduating from EfM in May. They have attended class at Trinity House and studied very hard for 4 long years.

Annie: What is EfM? Effective Fuzzy Management?

Tom: No, stupid. It's Education for Ministry. It's a theology course that studies the Old & New Testaments, Church History, and Theology. It meets for 3 hours on Friday mornings. Itty Bitty has been very diligent with his attendance. He says he has been tutoring his mom and it's really helped her learn more than if she had taken the class without his help.



Annie: Who teaches it?

Tom: No one teaches it, but Helen Williams is the mentor. If you're interested, get in touch with Helen. The new year begins in the fall, and it's limited to 12 people. Everyone loves it.

Tom: There is a graduation picnic with croquet at the end of each year. Here's the bad news. This year Fuzzy is demanding to be the commencement speaker.



Healing Service

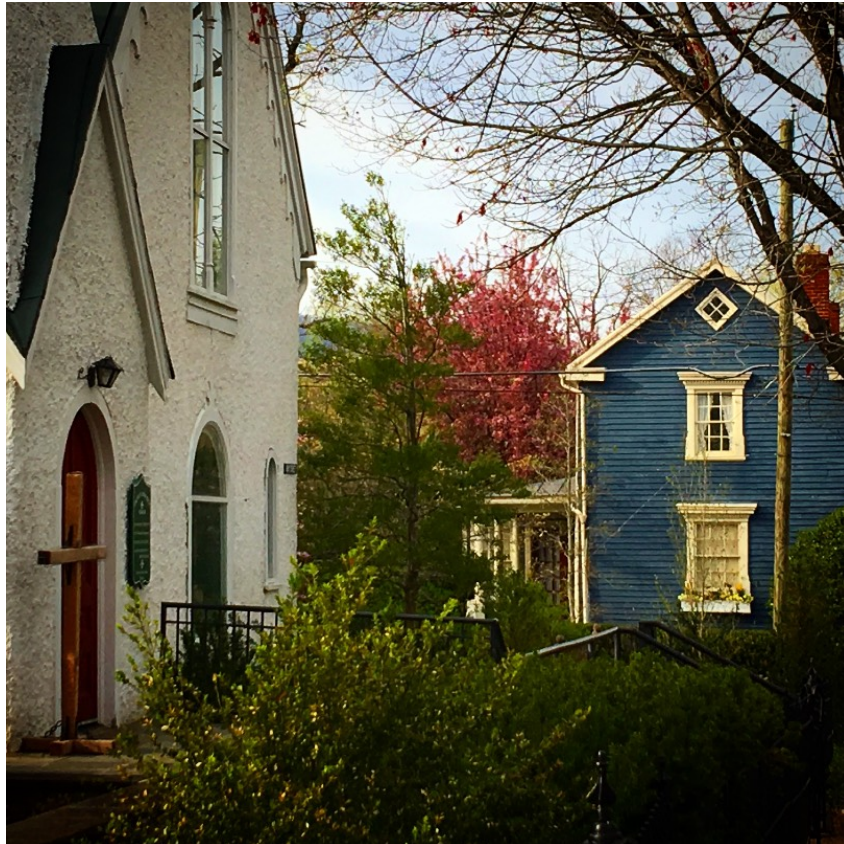
by Louise Ellis

Trinity's Healing Service is held on the third Wednesday of each month at 12:00 noon. It is a quiet reflective service usually lasting only twenty to thirty minutes, and is open to all of any faith.



We all know someone in need, but don't forget that someone might just be you in need of a little quiet and reconnection with God. At times we all fall victim to our human condition, either spiritually or physically. Involvement with family, friends, outreach and other societal activities can make even the strongest become overwhelmed and feeling unable to cope. In other words, we are all human! Try the small quiet half hour of the Healing Service and you might find calm can enable you to be still long enough to hear God's reassuring voice and know that He is always walking with you.

Try It Out





Rector
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Hours of Worship
Sundays
8:00 AM-Rite I
9:15 AM-Family/Contemporary 11:00 AM-Rite II